

WEEKLY MENU

TERM THREE: WEEK ONE
23-27 JULY

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite PUPIL FREE DAY Hotdogs</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite YOGHURT AND FRUIT SALAD</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite ORANGE, LEMON AND BANANA CAKE, POPCORN AND FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite WRAPS - PITA BREAD, TOMATO, HAM, CHEESE, LETTUCE</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite SAUSAGE ROLLS, MEAT PIES AND MASH POTATO</p>

WEEKLY MENU

TERM 3: WEEK TWO
30 JULY TO 3RD AUGUST

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt NUGGETS AND MASH POTATO WITH FRUIT</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt MIXED CRACKERS, RICE CAKES, SAOS AND FAIRY BREAD</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite CABANOSI, CUCUMBER, SALSA, DIP, CARROTS, PLAIN CORN CHIPS, RICE CRACKERS AND JATZ CRACKERS FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite PENNE NAPOLITANA</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite VEGETABLE SPRING ROLLS, RICE AND FRUIT</p>

WEEKLY MENU

TERM THREE: WEEK THREE
6-10 AUGUST

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt NAPOLITANA RAVIOLI FRUIT</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt CHICKEN NUGGETS AND MASH POTATO</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt SUSHI & FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt WRAPS - PITA BREAD, TOMATO, HAM, CHEESE, SALAMI, LETTUCE</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt WEDGES AND HOT CHIPS</p>

WEEKLY MENU

TERM THREE: WEEK FOUR
13TH- 17TH AUGUST

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite CHICKEN NOODLE SOUP AND GARLIC BREAD</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite MIXED HOMEMADE PIZZAS AND FRUIT PLATTER</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite ICED BISCUITS, POPCORN AND FRUIT PLATTER</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite HOT DOGS AND BREAD FRUIT</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite CABANOSSI, CUCUMBER, SALSA, CARROTS, CORN CHIPS AND MIXED CRACKERS FRUIT</p>

WEEKLY MENU

TERM THREE: WEEK FIVE

20-24 August

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Sultana Bran, Milk, Toast & Fruit Yoghurt TOMATO, LETTUCE, PITA BREAD, TOMATO, CHEESE, HAM AND SALAMI FRUIT</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Sultana Bran, Milk, Toast & Fruit Yoghurt BEEF AND CHICKEN NOODLES FRUIT</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Sultana Bran, Milk, Toast & Fruit Yoghurt MACARONI BOLOGNAISE PENNE AND GRATED PARMASEN FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Sultana Bran, Milk, Toast & Fruit Yoghurt FISH FINGERS, MASH POTATO AND FRUIT</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Weetbix, Cornflakes, Rice bubbles, Sultana Bran, Milk, Toast & Fruit Yoghurt BACK TO FRONT DAY FRUIT</p>

WEEKLY MENU

TERM THREE: WEEK SIX 27TH-31ST AUGUST

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite TORTELLINI BOSCIOLA AND FRUIT</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite NACHOS SPICY MEAT, TOMATO, CHEESE, SOUR CREAM, SALSA, AVOCADO, CORN CHIPS AND FRUIT</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite RICE CAKES, SAOS, FAIRY BREAD AND FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite CABANOSI, CUCUMBER, CARROTS, CHERRY TOMATOS CORN CHIPS, CRACKERS AND FRUIT</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite LASAGNE AND FRUIT</p>

TERM THREE: WEEK SEVEN
3RD TO 7TH SEPTEMBER

WEEKLY MENU

<p style="text-align: center;"><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt CHICKEN AND BEEF NOODLES</p>
<p style="text-align: center;"><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt SPRING ROLLS, RICE AND FRUIT</p>
<p style="text-align: center;"><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt WRAPS, CHEESE, LETTUCE, TOMATO, SALAMI, HAM, PITA BREAD AND FRUIT</p>
<p style="text-align: center;"><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt RAVIOLI NAPOLITANA AND FRUIT</p>
<p style="text-align: center;"><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Weetbix, Cornflakes, Rice bubbles, Toast & Fruit Yoghurt ICE CREAM CONES & FRUIT</p>

TERM THREE: WEEK EIGHT
10TH – 14TH September

WEEKLY MENU

<p style="text-align: center;"><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite MIXED SANDWICHES AND FRUIT</p>
<p style="text-align: center;"><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite CABANOSI, CUCUMBER, OLIVES, CELERY, DIPS, CARROTS, CORN CHIPS, CRACKERS AND FRUIT</p>
<p style="text-align: center;"><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite MILK, COOKIES, POPCORN AND FRUIT</p>
<p style="text-align: center;"><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite MACARONI BOLOGNAISE AND FRUIT</p>
<p style="text-align: center;"><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p style="text-align: center;">Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite TACOS MEAT, CHEESE, TOMATO, SOUR CREAM AND CORN CHIPS</p>

WEEKLY MENU

TERM THREE: WEEK NINE

17TH – 21ST September

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite ICE CREAM CONES AND FRUIT</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite TORTELLINI BOSCIOLA AND FRUIT</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite LASAGNE AND FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite SAUSAGE ON BREAD AND SAUCE</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite SALAD WRAPS AND FRUIT</p>

TERM THREE: WEEK TEN
24TH- 28TH SEPTEMBER

WEEKLY MENU

<p><u>MONDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite CABANOSSI, CELERY, DIPS, CARROTS, CORN CHIPS , CRACKERS & FRUIT</p>
<p><u>TUESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite ORANGE & BANANA CAKE, POPCORN & AND FRUIT</p>
<p><u>WEDNESDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite POTATO GEMS AND FRUIT</p>
<p><u>THURSDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite MIXED SANDWICHES AND FRUIT</p>
<p><u>FRIDAY</u> <u>Breakfast</u> <u>Afternoon Tea</u> <u>Vegetarian Opt</u></p>	<p>Milk, Weetbix, Cornflakes, Rice, Bubbles, Sultana Bran, Toast with Margarine, Jam, Honey and Vegemite MIXED SUSHI PLATTER AND FRUIT</p>

Chilled drinking water is available at all times
A selection of carrots, celery, cucumber, sultanas, olives and fruit are available as a late afternoon snack.